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# A decrease in the capacity of hepatocytes isolated from aged male BN/BiRij rats to metabolize digitoxin

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Lipid soluble drugs are generally metabolized by the liver in two successive phases, the Phase I and Phase II reactions. Phase I reactions include oxidations, reductions, dealkylations and hydrolyses. Phase II metabolism involves those reactions in which the drug or its Phase I metabolites are transformed into less lipophilic metabolites by conjugation with small endogenous molecules such as glucuronic or sulphuric acid. Probably, the effect of age is different for the different metabolic pathways, which might explain the apparently contradictory literature data on the effect of age on the metabolism of lipid soluble drugs. To obtain insight into this problem, the effect of age on digitoxin (DT<sub>3</sub>\*) metabolism was investigated in the present study. DT<sub>3</sub> is metabolized via different metabolic pathways, viz. degraded by hydrolysis and hydroxylation reactions. The resulting active Phase I metabolites and DT<sub>3</sub> itself can be inactivated by conjugation with glucuronic or sulphuric acid. Therefore, by studying the effect of age on the metabolic pattern of DT<sub>3</sub>, information on the influence of age on hydroxylation, hydrolysis and conjugation reactions can be obtained.

Hepatocytes isolated from rats represent a suitable system for studying the metabolism of  $DT_3$  for the following reasons. It was previously observed that the pattern of active  $DT_3$  metabolites formed by hepatocytes isolated from 3-month-old male Wistar rats was similar to that reported to be present in serum and urine of patients

\* Abbreviations used: DT<sub>3</sub>, digitoxin; DT<sub>2</sub>, digitoxigenin-bis-digitoxoside; DT<sub>1</sub>, digitoxigenin-mono-digitoxoside; DT<sub>0</sub>, digitoxigenin; DG<sub>3</sub>, digoxin; DG<sub>2</sub>, digoxigenin-bis-digitoxoside; DG<sub>1</sub>, digoxigenin-mono-digitoxoside; DG<sub>0</sub> digoxigenin; t.l.c., thin-layer chromatography.

on  $DT_3$  therapy, although the amounts of the inactive conjugated metabolites were smaller in the rat hepatocytes [1]. The amount of metabolized  $DT_3$  was linear for at least 1 hr of incubation and was proportional to the number of hepatocytes present in the incubation medium [1]. In the present study, the effect of aging on the pattern of metabolites and on the kinetic characteristics  $(K_m, V_{max}$  and  $Cli (=V_{max}/K_m))$  of  $DT_3$  was determined with hepatocytes isolated from various age groups of male BN/BiRij rats.

A preliminary report incorporating some of these data has been previously published [2].

# Materials and methods

Inbred 3-, 18-, 30- and 36-month-old male BN/BiRij rats were used. The 90%, 50% and 10% survival ages were 21, 32 and 39 months respectively. The rats were maintained under "clean conventional" conditions as described by Hollander [3].

Digitoxin (DT<sub>3</sub>), digitoxigenin-bis-digitoxoside (DT<sub>2</sub>), digitoxigenin-mono-digitoxoside (DT<sub>1</sub>), digitoxigenin (DT<sub>0</sub>), digoxigenin-bis-digitoxoside (DG<sub>2</sub>), digoxigenin-mono-digitoxoside (DG<sub>1</sub>) and digoxigenin (DG<sub>0</sub>) were obtained from Roth (Karlsruhe, G.F.R.), digoxin (DG<sub>3</sub>) from Merck (Darmstadt, G.F.R.). (<sup>3</sup>H) Digitoxin (13.8 C/mmole) was purchased from New England Nuclear (Boston, MA, U.S.A.). Collagenase (type 1) was purchased from Sigma (St. Louis, MO, U.S.A.), Waymouth MB 752/1 medium from GIBCO (New York, NY, U.S.A.) and Seppak Cartridges from Water Associates Inc. (Etten-Leur, The Netherlands).

Thin layer chromatography (t.l.c.) was performed with D.C. Fertigplatten, Kieselgel 60 of  $20 \times 20 \, \mathrm{cm}$  (Merck, Darmstadt, G.F.R.). A Dunnschicht-Scanner LB 2723 Berthold was used for locating the radioactive spots on t.l.c. plates.

The hepatocytes were isolated by perfusion and incubation of the liver with the enzyme collagenase as reported earlier [4]. The concentration of the cells was determined with a Coulter Counter or a hemocytometer. Hepatocytes isolated from the rats of different ages did not differ significantly in average yield  $(40 \times 10^6 \text{ cells/g liver})$  and viability (at least 80% of the cells excluded trypan blue).

The hepatocytes suspended in Waymouth MB 752/1 medium were incubated with unlabelled DT<sub>3</sub> and with (3H)  $DT_3$ . The method for determining the amount of  $DT_3$  and its metabolites has been previously described in detail [1] and is summarized below. The pH of the medium was kept at 7.4. The incubation was carried out at 37° under an atmosphere of 95% O<sub>2</sub> and 5% CO<sub>2</sub> with constant shaking. After incubation, samples were withdrawn and added to ethanol. After centrifugation, the supernatant was evaporated, the residue dissolved in water and layered on a Seppak® column. The column was washed with water and eluted with ethanol. The ethanol fraction was evaporated and the pellet dissolved and applied to a t.l.c. "kieselgel" plate. The plate was developed once with cyclohexane: acetone: glacial acetic acid (49:49:2). Thereafter, development was repeated four times with isopropyl ether: methanol (6:1). Radioactive spots were traced with a Dünnschicht Scanner. After collecting each radioactive spot, the radioactivity was determined with a liquid scintillation counter.

#### Results

The relative pattern of DT<sub>3</sub> metabolites was determined by incubating hepatocytes isolated from 3-month-old male BN/BiRij rats in concentrations of about  $10 \times 10^6$  cells/ml in the presence of  $50 \, \mu M$  DT<sub>3</sub> for 3 hr. Under these incubation conditions, the types and relative amounts of metabolites can be determined by t.l.c. (Fig. 1). An impor-

tant metabolic pathway of  $DT_3$  metabolism is the stepwise cleavage of the sugar side chain which successively yields  $DT_2$  and  $DT_1$ . In addition,  $12\beta$ -hydroxylation of  $DT_3$  to  $DG_3$  was shown to take place.  $DG_2$  and  $DG_1$  which might be formed by hydrolysis of  $DG_3$  and  $DG_2$  respectively, or by hydroxylation of  $DT_2$  and  $DT_1$  respectively, were also present. The conjugate fraction occupied a small part of all metabolites. The distribution of  $DT_3$  and its metabolites was also studied with hepatocytes isolated from 18-, 30- and 36-month-old male BN/BiRij rats. No significant changes in the pattern of digitoxin metabolites with age were observed (Table 1).

Age-related changes in the kinetic characteristics of DT<sub>3</sub> biotransformation were studied with hepatocytes isolated from the same rats used for determining the metabolite pattern. The hepatocytes were incubated for 1 hr at cell concentrations of about 1.0 × 106 cells/ml, since under these incubation conditions the amount of metabolized DT<sub>3</sub> was proportional to the cell concentration in the incubation medium [1]. Hepatocyte suspensions isolated from 3-, 18-, 30- and 36-month-old rats were incubated with six DT<sub>3</sub> concentrations of 20, 25, 30, 40, 60 and  $100 \mu M$  and Lineweaver-Burke plots were made. From these plots, the apparent kinetic constants  $K_{\rm m}$  and  $V_{\rm max}$  could be calculated. The apparent  $K_m$  values did not change with age (Table 2). The  $V_{\text{max}}$  was constant at between 3 and 18 months of age, but was decreased sharply at between 18 and 36 months of age. The value for the hepatic intrinsic clearance (Cli =  $V_{\text{max}}/K_{\text{m}}$ ) observed at 36 months of age was significantly decreased in comparison with the 3- and 18-month values (Table 2).

## Discussion

The objective of this study was to determine the effect of age on hydroxylation, hydrolysis and conjugation reac-

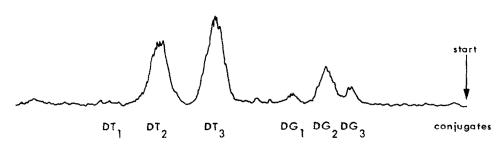


Fig. 1. Thin layer chromatogram of digitoxin and its metabolites. Hepatocytes were isolated from a 3-month-old male BN/BiRij rat. The incubation conditions were: cell concentration, 9.2 × 10<sup>6</sup> cells/ml; digitoxin concentration, 50 µM; incubation time 3 hr.

Table 1. The effect of age on the relative distribution pattern of digitoxin metabolites in hepatocytes isolated from male BN/BiRij rats of various ages

	3 months (N = 4)	18 months (N = 5)	30 months (N = 5)	36  months $(N = 6)$
Conjugates	$3.5 \pm 2.6$	9.9 ± 3.9	$3.6 \pm 2.1$	$6.8 \pm 3.0$
ĎĞ,	$21 \pm 14$	$11.2 \pm 1.4$	$15.7 \pm 4.0$	$18.5 \pm 5.2$
$\overline{\mathrm{DG}_{2}}$	$23.5 \pm 9.8$	$20.6 \pm 5.3$	$28.8 \pm 4.3$	$19.0 \pm 3.7$
$DG_1$	$9.1 \pm 2.7$	$3.8 \pm 2.1$	$7.2 \pm 8.0$	$4.5 \pm 3.6$
$DT_2$	$40.5 \pm 6.0$	$49.2 \pm 9.4$	$42.3 \pm 9.5$	$46.2 \pm 3.6$
$DT_1$	$1.7\pm2.0$	$5.3 \pm 0.6$	$2.4 \pm 2.3$	$4.9 \pm 0.8$

Cell concentration:  $\pm 10 \times 10^6$  cells/ml; digitoxin concentration:  $50.10^{-6}$  M; incubation time: 3 hr. Values representing % of the total metabolite fraction are expressed as mean  $\pm$  S.D.

Table 2. The effect of age on the kinetic characteristics of digitoxin biotransformation by hepatocytes isolated from male BN/BiRij rats of various ages

	3 months	18 months	30 months	36 months
	(N = 4)	(N = 5)	(N = 4)	(N = 6)
$V_{\text{max}}$ (pmol/min·10 <sup>6</sup> cells) Apparent $K_{\text{m}}$ ( $\mu$ M) Cli ( $V_{\text{max}}/K_{\text{m}}$ )	82 ± 14 41 ± 18 2.25 ± 0.88	88 ± 34 47 ± 20 1.95 ± 0.33	57 ± 15* 43 ± 26 1.61 ± 0.75	$37 \pm 11^* \dagger \ddagger 34 \pm 18 \\ 1.30 \pm 0.50^* \dagger$

Cell concentration:  $\pm 1.0 \times 10^6$  cells/ml; Digitoxin concentrations 20, 25, 30, 40, 60 and 100  $\mu$ M; incubation time 1 hr. Values are expressed as mean  $\pm$  S.D.

- \* Value differs significantly (P < 0.05) from the 3-month value.
- † Value differs significantly (P < 0.05) from the 18-month value.
- ‡ Value differs significantly (P < 0.05) from the 30-month value.

tions by studying the  $DT_3$  metabolism with hepatocytes isolated from rats of different ages. The capacity of isolated hepatocytes to metabolize  $DT_3$  decreased with age as judged from the decrease in hepatic intrinsic clearance in the hepatocytes isolated from old rats. The decreased intrinsic clearance resulted from a decrease in  $V_{\rm max}$ , suggesting a decline in the capacity of the metabolizing system. However, the efficiency of the metabolizing system and its affinity for the substrate, did not change with age as indicated by the unchanged  $K_{\rm m}$ .

From these data and from the observation that the relative distribution pattern of DT<sub>3</sub> metabolites did not change with age, it can be concluded that all mechanisms involved in DT<sub>3</sub> metabolism, namely, hydroxylation, hydrolysis and conjugation, equally decrease with age. A study by Kitani and co-workers [5, 6], however, revealed that in vivo the conjugation reaction itself is not decreased with aging, but, that as a consequence of a decrease in hydrolysis, less DT<sub>1</sub>, the preferred substrate for glucuronidation [7], is available for conjugation. A similar situation may arise in isolated hepatocytes.

In a previous study, the influence of age on DT3 metabolism was investigated in vivo by determining the amount of DT<sub>3</sub> and its metabolites in the bile of 24-month-old male and female Wistar [6] and 30-month-old female BN/BiRij rats [5]. The excretion of DT<sub>3</sub> itself did not decrease with age. However, a decrease in the amounts of DT<sub>3</sub> metabolites excreted via the bile was observed, which in the female BN/BiRij and the female Wistar rat was more pronounced for the hydroxylation products (DG3, DG2,  $DG_1$  and  $DG_0$ ) in comparison with the metabolites resulting from hydrolysis alone (DT2, DT1 and DT0) [5,6]. The reverse was observed for male Wistar rats [6]. In addition, Kitani et al. [5,6] also determined the plasma disappearance curves of the total of DT<sub>3</sub> and its metabolites. A slower disappearance was observed in the 24- and 30month-old rats. All these findings suggest an age-related decline in the capacity of the liver to metabolize DT<sub>3</sub>. These observed in vivo changes might be due to age-related changes in physiological factors such as the governing nervous and endocrine systems and the blood supply of the liver. The present study reveals that, in addition to possible changes in these physiological factors, age-related changes in the intrinsic hepatic clearance (Cli =  $V_{\text{max}}/K_{\text{m}}$ ) of the individual hepatocytes play an important role.

Summarizing, the DT<sub>3</sub> biotransformation capacity of

hepatocytes isolated from male BN/BiRij rats of 3, 18, 30 and 36 months of age was determined. With respect to the relative distribution pattern of the digitoxin metabolites no change with age was observed. Kinetic characterization of the DT<sub>3</sub> biotransformation revealed that the  $K_{\rm m}$  did not change with age, but that after 18 months of age the  $V_{\rm max}$  sharply decreased. The intrinsic hepatic clearance (Cli =  $V_{\rm max}/K_{\rm m}$ ) was significantly decreased at 36 months of age. The *in vitro* data obtained can explain the *in vivo* observations that with age the plasma disappearance for DT<sub>3</sub> and its metabolites is slower and the biliary excretion of digitoxin metabolites decreases [5, 6].

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